



INTERNATIONAL ATHEROSCLEROSIS SOCIETY

**Second International Course on
DIABETES AND
MACROVASCULAR DISEASE
Lugano (CH), March 27-29, 2003**



**FONDAZIONE
GIOVANNI LORENZINI
MILAN, ITALY**



**GIOVANNI LORENZINI
MEDICAL FOUNDATION
HOUSTON, USA**

Scientific Programme

Thursday, March 27, 2003

15.45 – 16.00 Opening Remarks

Session 1: **DIABETES MELLITUS – A GLOBAL PROBLEM**

Chairs: A. Chait; C.S. Cockram

16.00-16.45 Diabetes as a Global Problem **C.S. Cockram** (Hong Kong)

16.45-17.00 *Discussion*

17.00-17.45 Pathobiology of Atherosclerosis:
A Link Between Inflammation and
Atherosclerosis **A. Chait** (USA)

17.45-18.00 *Discussion*

18.00-18.45 Prevention of Type 2 Diabetes:
Fact or Fantasy? **S. Kahn** (USA)

18.45-19.00 *Discussion*

19.00 *End of the Session*

19.30 *Welcome Reception and Dinner*

Co-Chairs of the Course:

Alan Chait (USA)
Marja-Riitta Taskinen (Finland)

Under the Auspices of:

- American Heart Association: Council on Nutrition, Physical Activity and Metabolism
- Fondazione Giovanni Lorenzini (FGL)
- Giovanni Lorenzini Medical Foundation (GLMF)
- International Atherosclerosis Society (IAS)

Friday, March 28, 2003

Session 2: **PATHOGENESIS OF VASCULAR DISEASE**

Chairs: P.J. Barter; R. Paoletti

- 9.00-9.45 The Metabolic Syndrome: Assessment and Clinical Implications **J.-P. Després (Canada)**
- 9.45-10.00 *Discussion*
- 10.00-10.45 Is Ectopic Lipogenesis a Key to Insulin Resistance and Vascular Injury? **H. Yki-Järvinen (Finland)**
- 10.45-11.00 *Discussion*
- 11.00-11.20 *Coffee Break*
- 11.20-12.05 Coagulopathies and Diabetes **I. Juhan-Vague (France)**
- 12.05-12.20 *Discussion*
- 12.20 *End of the Session*
- 12.20 -13.30 *Lunch*

Session 3: **RISK FACTORS OF CVD IN DIABETES**

Chairs: J.-P. Després; R.R. Holman

- 13.30-14.15 Will Protection of the Kidney from Diabetic Nephropathy Prevent Atherosclerosis? **P. Fioretto (Italy)**
- 14.15-14.30 *Discussion*
- 14.30-15.15 Diabetic Dyslipidemia, Good Players Vs. Bad Players **M.-R. Taskinen (Finland)**
- 15.15-15.30 *Discussion*
- 15.30-15.50 *Coffee Break*
- 15.50-16.35 Adipose Tissue; A Friend or Enemy of the Vasculature **I. Shimomura (Japan)**
- 16.35-16.50 *Discussion*
- 17.00-18.30 **Workshop : Evaluation and Treatment of Risk Factors in the Clinical Practice**
- 18.30 *End of the Session*

Saturday, March 29, 2003

Session 4: **LESSONS FROM CLINICAL TRIALS**

Chairs: R.J. Heine; H. Yki-Järvinen

- 9.00-9.30 Lessons from UKPDS; Targeted Glycemic Control **R.R. Holman (UK)**
- 9.30-9.45 *Discussion*
- 9.45-10.15 Optimal Treatment of Hypertension **C. Berne (Sweden)**
- 10.15-10.30 *Discussion*
- 10.30-10.50 *Coffee Break*
- 10.50-11.30 Implications of Heart Protection Study to Clinical Practice **J. Armitage (UK)**
- 11.30-11.45 *Discussion*
- 11.45-12.25 The Role of Fibrates and Statins in the Prevention of Coronary Disease in the Metabolic Syndrome **P.J. Barter (Australia)**
- 12.25-12.40 *Discussion*
- 12.40 *End of the Session*
- 12.40-13.40 *Lunch*

Session 5: **CURRENT TACTICS TO ATTACK**

Chairs: M.-R. Taskinen; J.-C. Fruchart

- 13.40-14.10 Cardioprotection in Diabetes **M. Syväne (Finland)**
- 14.10-14.25 *Discussion*
- 14.25-15.05 From Evidence Base to Implementation: More Thresholds than Solutions? **R.J. Heine (The Netherlands)**
- 15.05-15.20 *Discussion*
- 15.20-15.40 *Coffee Break*
- 15.40-16.25 Pleiotropic Effects of Lipid Lowering Drugs in Diabetes and Vascular Disease **R. Paoletti (Italy)**
- 16.25-16.40 *Discussion*
- 16.40-17.25 The Role of PPARs Agonists in the Prevention of Atherosclerosis in Diabetes **J.-C. Fruchart (France)**
- 17.25-17.45 *Discussion*
- 17.45 *End of the Course*

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Lugano (CH), March 27-29, 2003**

Registration and Hotel Accommodation Form

Please type or use block letters

Prof. **Dr.** **Mr.** **Mrs.** **Ms.**

Family Name _____

Given Name(s) _____

Name of Institution _____

Street _____

Town _____

Country _____

Postal Code _____

Phone No. _____

Fax No. _____

Email _____

**Only one participant
per form**

**Registration
and Hotel Accommodation Fee
at the Hotel de la Paix**

Participant

US Dollars 900

I request the following reservations:

Single room with bath/shower

Double room with bath/shower (*see Gen. Info)

Date of arrival _____

Date of departure _____

General Information

Date

Thursday, March 27, 2003 (afternoon)

Saturday, March 29, 2003 (afternoon)

Venue

Hotel de la Paix

Via Cattori, 18

6900 Lugano, Switzerland.

The hotel is situated at walking distance from the center of Lugano and has a nice view of the beautiful lake and surrounding mountains.

Scientific and Organizing Secretariat

Fondazione Giovanni Lorenzini

Medical Science Foundation

Via A. Appiani, 7

20121 Milan, Italy

Phone: +39 02 29006267

Fax: +39 02 29007018

Email: info@lorenzinifoundation.org

Maximum number of participants: 120

Registration and Hotel Accommodation Fees: US Dollars 900

Registration and hotel accommodation fee includes:

- participation to the Course
- scientific documentation
- lunches (Friday and Saturday)
- coffee breaks
- dinners (Thursday, Friday and Saturday)
- three nights accommodation at the Hotel de la Paix (Thursday, Friday, and Saturday nights)

The reservation of the room will be done by Fondazione Giovanni Lorenzini.

Cancellation

In case of cancellation, provided that written notice reaches Fondazione Giovanni Lorenzini no later than February 10, 2003 the registration and hotel accommodation fee will be refunded, less 60% administration charge. Regretfully written cancellations received after February 10, 2003 will not entitle the registrant to any refund; however, these registrants will receive their Course material by mail after the meeting. Refunds will be made after the Course.

Official Language

The official language of the Course will be English; no simultaneous translation will be provided.

Certificate of Attendance

Certificate of Attendance will be given to the participants attending all the sessions of the Course.

CME Credits - *for italian participants only*

CME credits have been applied for from the Italian Ministry of Health.

Internet

The Home Page for the Course is located at:

<http://www.athero.org> or

<http://www.lorenzinifoundation.org>

Travel

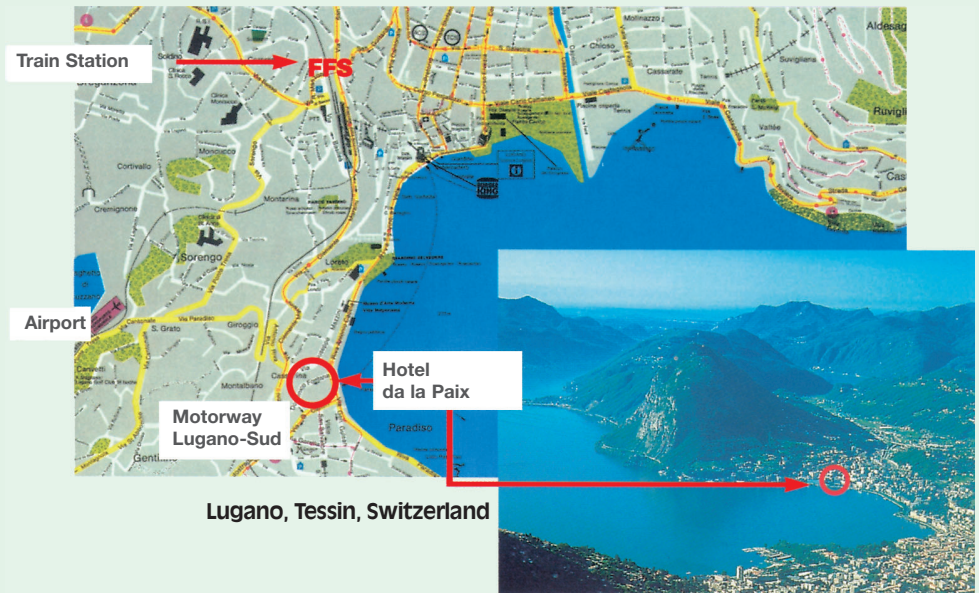
By airplane: Lugano airport is about 6 km from the city center. If you want to reach Lugano by plane please check the best connections from your country. Swiss International Airlines flies regularly from/to Lugano to the main Swiss airports and the main European cities.

If you need information or want to book your flight, please call your local travel agent, the next Swissair reservation office or get directly in touch with

Swiss Lugano by dialling:
848 868 120

By train: stop Lugano

By car: exit motorway Lugano Sud or Nord.



The **International Atherosclerosis Society (IAS)**, incorporated in 1979, promotes, at an international level, the advancement of science, research and teaching in the field of atherosclerosis and related diseases. IAS comprises 50 national or regional Societies for a total of about 10,000 members.
Email: ias@athero.org
Website: www.athero.org

The **Giovanni Lorenzini Medical Foundation (Milan and Houston)**, established in 1969, promotes at national and international level educational activities and the exchange of information between basic science and clinical research.
Email: info@lorenzinifoundation.org
Website: www.lorenzinifoundation.org